Implementing Evidence-Based Practices: Determining What Works for High Risk Students

Tim Lewis, Ph.D.
University of Missouri

OSEP Center on Positive Behavioral Interventions & Supports



SW-PBS Framework

Evidence/Research-Based Practices



Quality Indicators of Research

Single Subject (Horner, Carr, Halle, McGee, Odom, Wolery, 2005)

Qualitative (Brantlinger, Jimenez, Klinger, Pugach, & Richardson, 2005)

Quantitative (Gersten, Fucsh, Compton, Coyne, Greenwood, Innocenti, 2005)



Research-Based Practices

- Academic
 - "Effective instruction"
 - Antecedent / setting modifications
 - Peer tutoring
 - Direct Instruction
 - Self-management targeting academic related skills
 - Opportunities to Respond



Research-Based Practices

- Behavior
 - Environmental modifications and supports
 - Contingent positive performance based feedback
 - Self Management
 - Social Skill Instruction (with maintenance and generalization strategies)



Research-Based Practices

- Related Supports
 - Comprehensive case management / wrap around
 - Family supports/ parent training



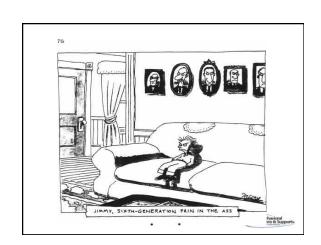




The Key

Behavior is functionally related to the Teaching Environment





Big Ideas

- Understand interaction between behavior and the teaching environment
- Build Positive Behavior Support Plans that <u>teach prosocial "replacement"</u> behaviors
- Create environments to support the use of pro-social behaviors
 - 1. School-wide
 - 2. Classroom
 - 3. Individual student

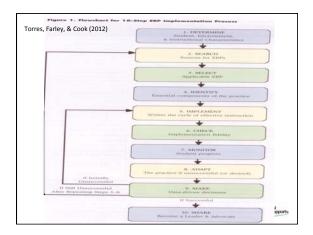


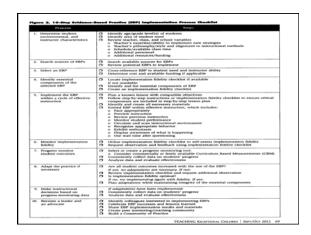
Serving Students with Challenging Behavior

- All facets of programming should include:
 - Systematic, data based interventions
 - Continuous assessment and monitoring of progress
 - Provision for practice of new skills
 - Treatment matched to problem
 - Multi-component treatment
 - Programming for transfer & maintenance
 - Commitment to sustained intervention

(Peacock Hill Working Group, 1991)







Implementing EBP

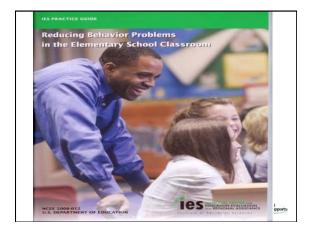
- 1. Determine student environmental and instructor characteristics
 - Student age
 - Classroom set up
- 2. Search for available EBP from reliable sources
- 3. Select an EBP
 - Match to student and classroom



Reliable Sources

- Professional Groups Identifying Evidenced-Based Practices
 - What Works Clearinghouse
 - Council for Exceptional Children
 - Association for Positive Behavior Support





Implementing EBP

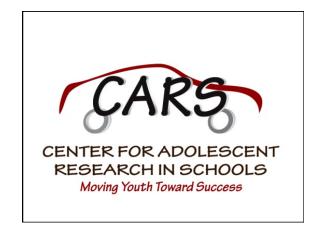
- 4. Identify essential components of the selected EBP
 - Task analyze
 - Fidelity checks
- 5. Implement within effective instruction
 - Training & Technical assistance for implementers
 - "Pilot" within a target period



Implementing EBP

- 6. Monitor implementation fidelity
- 7. Progress monitor student outcomes
 - Academic & behavioral
- 8. Adapt the practice if necessary when desired outcomes not observed
- 9. Make instructional decisions based on data
 - Progress monitor
- 10. Become a leader & advocate
 - Share outcomes & what it took to implement

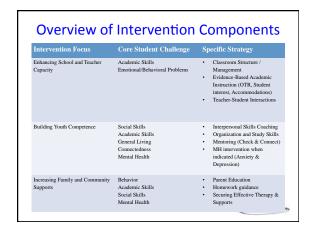




Center for Adolescent Research in Schools

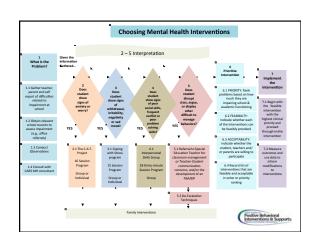
- Funded for five years by Institute of Education Sciences (IES), U.S. Department of Education
- Focus: secondary age students with intensive social, emotional, and behavioral problems (EBD, students with significant behavior problems)





Mental Health Interventions





MH Interventions

- CBT for anxiety and worry
- CBT for depressed mood
- Interpersonal Skills Group for social skill impairment
- Family Interventions



Classroom / Instructional Interventions



Basic Logic

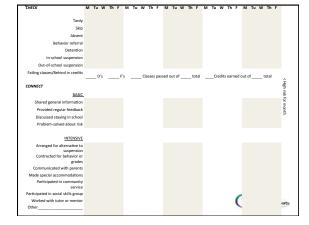
- All students enrolled in "check & connect"
 - Organization
 - Progress Monitoring
 - Mentoring / problem solving
- Classrooms targeted for intervention based on combination of student failure and evidence of problem behavior
- Classroom Assessment interventions tailored to address weaknesses /missing components & reinforce strengths



Check & Connect

- Developed for high-risk urban students at the secondary level (Anderson, Christenson, Sindair, Lehr, 2004; Evelo, Sindair, Hurley, Christenson Thurlow, 1996)
- Utilizes a monitoring system with two components
 - Check
 - Systematically assess the extent to which students are engaged in school.
 - Connect
 - Respond on a regular basis to students' educational needs according to their type and level of risk for disengagement from school.
- Establish an adult mentor at school to enhance school engagement

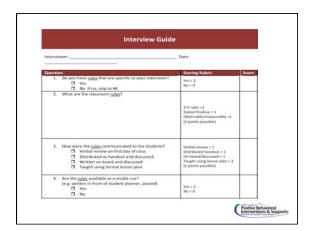


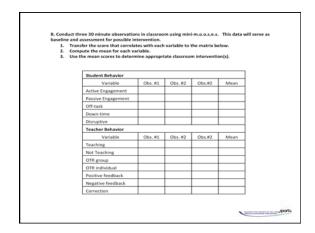


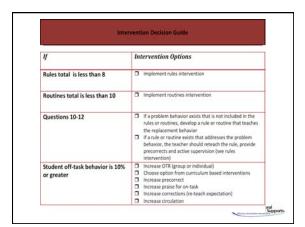
Classroom Assessment Targets

- Classroom Structure
 - Rules and routines
- Improving Teacher-Student Interactions
- Evidence-Based Academic Instruction
 - Opportunities to Respond (OTR)
 - Incorporating students' choice and interests
 - Accommodations
- · Responding to problem behavior









Rules & Routines

- Provide structure and increase predictability of classroom environment.
- Same instructional procedures used to teach academics:
 - Present the rule or routine. Post in prominent positions in the classroom at student eye level.
 - Discuss why the rule or routine is important.
 - Ask for student demonstrations of examples and non-examples of the desired behavior.
 - Provide opportunities for practice with feedback.
 - Explain what will happen when the rule or routine is followed and what will happen if not followed.
 - Once taught, provide frequent and consistent acknowledgement for compliance.



Teacher-Student Interactions

- Increase ratio of positive to negative interactions (4:1)
- Provide instruction that involves frequent opportunities to actively respond to academic requests (OTR):
 - Response Cards (RC)
 - Computer Assisted Instruction (CAI)
 - Class-wide Peer Tutoring (CWPT)
 - Guided Notes



Curriculum-based Interventions

- Incorporate choice and preference in classroom activities
- Design relevant activities that will incorporate the students' interests:
 - Assess the content for importance or relevance.
 - Point out to students the importance and worth of information.
 - Select topics that reflect students' interests.
 - Relate content to local issues or problems that are important or familiar to students.
 - Begin and conclude classes with statements such as "This is an important topic/skill because...," and "Why was this important for us to learn about?"
 - Allow students to select from a list of options.



Need for Appropriate Accommodations

- Approximately 85% of secondary students with EBD have at least one class in the general education setting.
- Help students:
 - access grade level materials
 - access instruction
 - improve classroom performance.
- Prevent students from falling farther behind academically and potentially dropping out.

Accommodations vs. Modifications

- Changes to <u>how</u> academic content is presented or assessed
 - Accommodations <u>do not change</u> what the student is expected to master
 - Modifications <u>change</u> what the student is expected to master



Accommodations Assumptions

- Allow the student to earn a valid score, not necessarily an optimal score
- Produce a differential boost
- A single accommodation is not valid or beneficial for all students
- A student may need more than one accommodation. If so, all necessary accommodations should be in place
- Testing accommodations and instructional accommodations should be similar



Academic Services, Supports, and Modifications for Students with EBD

(Magner et al. 2006)

Supports	Percentage of Students			
	Elementary	Middle	High	
More time to take tests	72.8	72.6	75.6	
Tests read to students	45.6	40.0	26.5	
Modified tests	43.7	46.3	24.2	
More time to complete assignments	66.5	67.3	54.2	
Modified assignments	47.9	41.4	20.8	
Modified grading standards	37.3	27.3	14.5	
Slower-paced instruction	51.0	46.5	19.0	
Peer tutoring	17.0	10.5	8.2	
Adult tutoring	15.3	8.4	7.6	
Learning strategies/study skills	33.0	36.5	27.5 Positive tienavioral Interventions & Supp	

Initial Summary of CARS IEP Review

- N = 70 students
- Most common accommodations
 - 45 extended time
 - 26 tests read aloud
 - 23 tested in small group or alternative setting
- Often determined by disability

instructional accommodations

- Students with ADHD frequently receive extended time
- Accommodations seldom linked to student need
 Testing accommodations not matched to



Purpose of Guide

Facilitate selection of one or more accommodations that are matched to the student's specific academic or behavioral needs

- Increase the match between a particular student's difficulty and an appropriate accommodation.
- Match testing accommodations to instructional accommodations

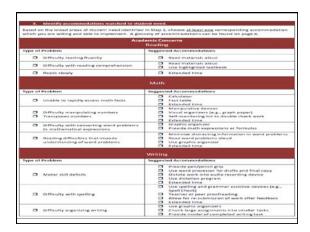


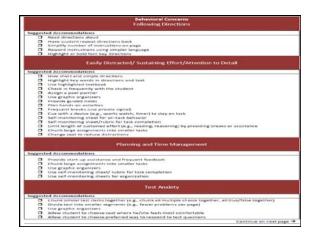
Implementation of Guide

- Provide teachers who rated accommodations as feasible and acceptable with model on how to choose accommodations
 - Identify student problem
 - Select related accommodation
- Have teachers implement the accommodation
- Assess student performance
- Gather teacher feedback and treatment acceptability data post implementation



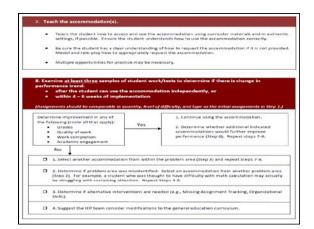
Accommodations Guide Worksheet 1. Gather materials. Three samples of student work demonstrating frequent errors or low grades Student individualized Education Program (IEP) 2. Identify Broad Problem Areas. What are the general indicators of concern? Check all that apply. Academic Academic Bearling Suitable Suita





	Designation of the Control of the Co				
If the accommodations rejected from pages 3 and 3. 1st, review the accommodations listed in the student's IEP. List accommodations from the IEP, Circle any overlap.					
	ommodations Suggested by the Guide	Ascommodations on IEP			
	8				
	et with the student for input and preferences	Water and a start of the bar before			
The same of					
	Many will the student to discuss the ecologic	e behavioral concerns. Examine the permanent product			
	during the discussion, if helpful.				
	 Describe the accommedations that were recommended by the Accommodations Guide and those correctly indeptified in the IEP. 				
	estimately instantanent in the ice.				
	Ask the student for his/her input regarding accommedations he/she thinks may be helpful.				
		rependent work), and frequency of the accommodations			
	Some accommodations may not be necessary to	r all circumstances.			

D 0	eacher preference. List i etermine if the accomm r for testing. It is possible	n the order accommodation will be used during the to use an accommodation.	one will be tested.* ng instruction for classres on for both purposes.	rortize based on student input and on teaching activities and assignments aroutded for the student (see below).
	Accommodation	Instruction or Testing	Activity	Description
ex.	Extended Time	20 Instruction	undependent seat work	Time and a half
		(2) Teating	Quizzes requiring written responses	Time and a half
EX.	Graphic Organizer	39 Instruction	Group, pair, or independent writing tasks	Teacher-created or pre-made ergonizers (e.g., stery maps, writing scaffolds)
		D Testing	1000	18,41,000.02
		☐ Instruction		
1.		☐ Testing		
2		☐ Instruction		
		☐ Teating		
3		C) Instruction		
		O Yesting		
4		3 Testing		
		O instruction		
		C) Yesting		-
0		☐ instruction		
		Cl Testing		
7		☐ Instruction		
		C) Testing		





CASE STUDY

Participant Description

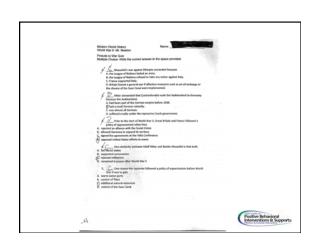
- · Externalizing behaviors
- Low academic abilities
 - $-\ 3^{\text{rd}}$ Grade academic functioning
- General education co-taught History class
- Teacher selected interventions (based on feasibility)
 - Accommodations
 - Positive Teacher/Student Interactions



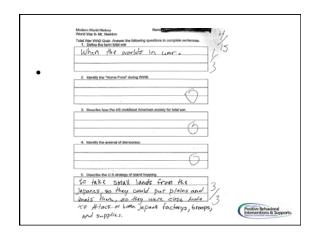
Model Implementation Step #1:

- Collect three samples of student work demonstrating frequent errors or low grades.
- Identify accommodations provided in IEP









Student IEP Accommodations

- Testing:
 Alternative setting
 Extended time for completion
 - Read test to student (if requested)
- Assignments and Instruction:
 - Lower difficulty level-shorten assignments
 Provided structured time to organize materials

 - Frequent reminders of rules Check often for understanding/review
 - Extended time for oral responses

 - Extended time for written responses Maintain assignment notebook
 - Bathroom break first 5 mins. of class, unless emergency
 Use lined paper for written assignments
 - Assist or provide notes and study guides
- Extended to create assignments (1 ½ weeks or as agreed upon w/ teacher)



Step #2:

- · Identify general indicators of concern
 - Writing, specifically difficulty organizing writing
 - "Couldn't complete short answer"
 - Attention to detail
 - "Chose wrong answers on multiple choice and selected obviously wrong answers" $\,$
 - Planning and time management
 - "Ran out of time to complete the test even when given multiple class periods"



Step#3

- Identify accommodations matched to student's needs
 - Writing: Difficulty Organizing Writing
 - Graphic Organizers
 - Attention to Detail
 - Assign a Peer Partner
 - Use Graphic Organizers
 - Chunk Large Assignments into Smaller Tasks
 - Planning and Time Management
 - Chunk Large Assignments into Smaller Tasks
 - Graphic Organizers



Step # 4: Coordinate accommodations

Model Accommodations

Writing: Difficulty Organizing Writing Graphic Organizers

- Attention to Detail

 Assign a Peer Partner

 Use Graphic Organizers

 Chuk Large Assignments into Smaller
 Tasks

- Planning and Time Management

 Chunk Large Assignments into Smaller
 Tasks

 Graphic Organizers

IEP Accommodations

- P Accommodations

 Testing
 Alternative Setting

 Extended time for completion

 Read test to student (if requested)

 Assignments and Instruction
 Lower Difficulty Level-Shorten Assignments

 Provided Structured Time to Organize

 Materials

 Frequent Reminders of Rules

 Check often for understanding/review

 Extended time for Oral Responses

 Maintain Assignment Notebook

 Bathroom Break first 5 mins. Of class, unless
 emergency

 Use lined paper for written assienments

- emergency
 Use lined paper for written assignments
 Assist or Provide Notes and Study Guides
 Extended to create assignments (1 ½ weeks
 or as agreed upon w/ Teacher)



Step #5:

- Meet with the student for input and preferences
 - Student agreed with teachers concerns.
 - Student agreed to all suggested accommodations.
 - Student requested:
 - A different seat with less distractions during independent
 - Materials if he forgot to bring them.



Step #6:

- List accommodations to be implemented and evaluated.
- Prioritize
- · Determine instruction or testing
- Define and describe conditions:
 - 1) Use graphic organizers (I/T) All in class w
 - 1) Change seat to reduce distractions (I/T) Student and teacher will meet to
 - 1) Materials be given to student if forgotten (e.g. pencil) (I/T)
 - 2) Assign a peer partner (I) All in-class work with a teacher ch
 - 3) Chunk large assignments into smaller tasks (I) All in class assignments



Step #7:

- Teach the accommodations

 - leach the accommodations

 Assign a peer partner

 What are the appropriate behaviors of working with a peer?

 What noise level can you work with a peer?

 What obes helping vs. doing look like?

 Use graphic organizers
 - How do I use graphic organizers (5 paragraph outline, flow chart, venn diagram, checklist, etc.)?

 - Chunk large assignments into smaller tasks

 How do I use a checklist?

 How do I manage my time?

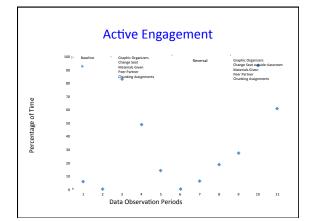
 - How do I manage my time?
 Change seat to reduce distractions
 How do I transition?
 When is it appropriate to move?
 Materials given to student if forgotten (e.g. pencil)
 How do I know what materials I need?
 What is appropriate collateral?



Step #8:

- Examine at least three samples of student work/tests to determine if there is a change in the performance trend
 - Class Grade Increased from a 24% to a 77%
 - Highest class grade he had received since beginning high school!





For More Information

OSEP Center for Positive Behavioral Interventions and Supports

pbis.org

Missouri School-wide Positive Behavior Support pbismissouri.org

Center for Adolescent Research in Schools

ies-cars.org

IDEAS that Work

osepideasthatwork.org What Works Clearinghouse

les.ed.gov/ncee/wwc

